**METRO ATLANTA SEMINARY SPIRITUAL INVENTORY**

**I WORSHIP AND SPIRITUAL DISICPLINES**

**How do you best enjoy God?**

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1. In a given month, how many times do attend worship services?
2. One b) Two c) Three d) Four
3. In a given week, how many days do you engage in some private devotion (i.e. Bible reading, prayer)
4. One b) Three d) Five d) Seven

Describe your “devotional” practices. What do you tend to do? (i.e. Bible reading, prayer)

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On a given day, how much time do you spend in intercessory prayer?

1. 5 minutes or less b) 10-20minutes c) 30 minutes or more
2. What percentage of income (before taxes) do you give to the church and/or Christian work
3. None b) 0-4% c) 5-9% d)10% or more

On a practical level, what do you find to be the biggest challenge in giving to God’s kingdom work?

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1. In the areas listed above (worship, devotional practice, and giving) which area do you believe needs most “attention” this coming year? Is there something your mentor could help with? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**II** **CHARACTER**

1. To what degree, on a daily basis, do you struggle with the use of your tongue? (i.e. critical spirit, gossip, slander)

Not At All 1 2 3 4 5 Often

If you answered 2-5, how will the negative use of your “tongue” most often be demonstrated?

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1. To what degree, on a daily basis, do you struggle with being honest (i.e. telling the truth as opposed to lying or “stretching the truth”) in your dealings with others?

Not At All 1 2 3 4 5 Often

If you answered 2-5, how will your lack of honesty be anger/frustration most often be demonstrated?

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1. To what degree, on a daily basis, do you struggle with outwardly demonstrating anger and frustration? (i.e. yelling, cursing, throwing things)

Not At All 1 2 3 4 5 Often

If you answered 2-5, how will the anger/frustration most often be demonstrated?

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1. To what degree, on a daily basis, do you struggle with sexual lust and or setting healthy boundaries with the opposite sex?

Not At All 1 2 3 4 5 Often

If you answered 2-5, how will the sexual lust most often be demonstrated?

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1. To what degree do you struggle with abuse of alcohol?

Not At All 1 2 3 4 5 Often

If you answered 2-5, how do you drink and how many drinks do you typically drink in one setting?

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1. To what degree, does your life demonstrate the “love of money”?

Not At All 1 2 3 4 5 Often

If you answered 2-5, what is it about your lifestyle, which may indicate a tending toward a “love of money”? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Is there a specific area, regarding character, you struggle with that has not been mentioned above?

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**III FAMILY AND OTHER RELATIONSHIPS**

If marriage and/or children does not apply to you, you may skip questions 1-2, and go to question 3.

1. If married, describe the quality of your relationship with your spouse?

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What does repentance look like for you as it relates to your spouse?

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Is there a specific area in your marriage you need to focus attention to? If so, what is it?

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1. If you have children, evaluate the quality of your relationship with them?

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What does repentance look like for you, as it relates to your children?

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Is there a specific area regarding your relationship with your children that you need to give focused attention to? If so, what is it?

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1. Do you have “accountable” relationships with other Christians? If so, can you describe, what that looks like and often do you meet?

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**IV Vocation**

1. Evaluate the quality of your work in your vocational call. Do you struggle to give your best to your employer?

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1. What do you like or not like about what you do? Is it financially sufficient?

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1. What vocational aspirations do you have?

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**V Health**

1. Evaluate your health. Physically, how are you doing?  Do you get an annual checkup?

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1. What do you do to “re-charge your battery”? What do you do for “fun”?

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1. What actions do you need to take to have better health as far as you can?

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